

# Local Businessman soars to new heights thanks to SureSlim



Clive Wheldon has been in business in Newport Pagnell for thirty three years and is extremely well respected in the local business community. Clive enjoys the challenges of

business and whilst growing his business he found that his waistline was growing with it!

A keen pilot with his own helicopter Clive realised the implications of his weight increase when he paid a visit to his GP as he was suffering from a virus. His GP took the opportunity to weigh him and promptly declared that Clive was obese. Clive left the surgery feeling worse than when he went in and matters came to a head later that week when Clive had to attend a medical to retain his pilots licence. Confirming his GP's verdict the medical revealed that his weight was too high and that his blood pressure was at the maximum for flying!

Clive knew that he had to take some serious action if he was to retain his license and look after his health. Having heard of SureSlim and being local to the clinic Clive attended his free one to one information session in April, enrolled on the programme and booked in for his blood test. In Clive's own words "I couldn't wait

to get started and lost 9 lbs in my first week and each week the weight just fell off" By the end of June Clive had lost over 4 stone his blood pressure had dropped from 140/90 to 110/61 and his cholesterol had dropped from 7.2 to 4.3.

"I couldn't believe that by following my eating plan which was based on 3 meals a day and comprised of the foods that the SureSlim doctor had identified were right for me, I lost weight and never had any cravings!"

Not only can Clive continue to fly his helicopter but he has never felt so good! As Clive says himself "my levels of energy and powers of concentration have improved dramatically and I would recommend SureSlim to anybody in business who wants to improve their own productivity or the energy and motivation levels of their staff"

SureSlim create an eating plan based on everyday foods and take into account your medical history, lifestyle and food dislikes to create a personalised eating plan that will



ensure that you not only lose weight and inches but will make you feel and look great! With one to one support all the way and a lifestyle plan that helps you to maintain your weight for life SureSlim is the best investment you will ever make, after all if you don't have your health what do you have?



Has the bikini got you nervous yet?

*Your SureSlim eating plan will include:*

- Comprehensive blood tests with Doctor's analysis & advice
- Personalised programmes for rapid and permanent weight loss tailored to your food preferences
- Private one on one support consultations!

### Bikini nerves? What bikini nerves!

Since losing the weight I have taken up jogging which is something I would never have been able to do before as all my bits wobbled too much. SureSlim has changed my life, my way of thinking towards food and my wellbeing.

Laura



**Call SureSlim Northampton on 01604 239490**

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